

Informed Consent for Videoconferencing Therapy Services

- There are potential benefits and risks of video-conferencing (e.g. limits to client confidentiality)
- Confidentiality still applies, and nobody will record the session without consent of the other person
- I need to use a webcam or smartphone during the session
- It is important to be in a private, quiet space that is free from distractions during the session
- It is important to use a secure internet connection rather than public/free Wi-Fi
- Session cancellation policy is the same as for in-person sessions – please notify your therapist with 48 hrs of notice to cancel or reschedule a session by phone, text or email – otherwise, the full fee will be charged for the session
- Please have your telephone handy in the event of technical problems

I agree to use the video-conferencing platform selected for videoconferencing sessions, and my therapist will explain how to use it.

Social worker/psychotherapist name: Sue Cooperstock, MSW, RSW

Client Name: _____

Client Signature: _____

Date: _____